



gymnastics
Pegasus



Friends of Pegasus Volunteer day Saturday 27th February 2016 (09.30am – 11.30am)

Dear Friends,

Welcome to another action-packed year of events and fundraising activities!

The hard-working members of the Friends committee have been busy gathering ideas for a whole host of fundraising and social events this year, including the ever popular Summer ball.

We are delighted to have teamed up with Join in, the nation's charity for volunteering in local sport. In 2015, Join in and BBC Get Inspired launched the "Big Help Out" campaign to raise awareness of the fact that almost all grassroots sports clubs depend on volunteers and to encourage 10,000 people in the UK to volunteer for the first time.



Our event will be a day especially devoted to boosting our volunteer numbers and we really hope that you will join us. There will be presentations, updates on our event calendar, and a re-launch of our Leadership Academy. There will be free refreshments so whilst your children are busy in their training session, we hope that you will all come along and show your support for the club.

Join in will be helping us to promote the day and advertise the many roles that we need to fill in order to help the club grow and fulfil its development commitments.

Did you know?

- ◆ Currently, 7 out of 10 clubs need more people to help out and Pegasus is no exception! We absolutely depend on our volunteers. Without them, we would not be able to operate.
- ◆ Each new volunteer makes a difference; typically enabling the club to welcome 8.5 new members.
- ◆ Pegasus has a waiting list of more than 700!
- ◆ Volunteering doesn't just help the gymnasts. Volunteers feel happier and healthier for helping out! They make friends and learn new skills.
- ◆ You don't need to be an expert! You can be a first-timer or an experienced helper.
- ◆ You can bring specialist skills (eg plumbing, electrical, marketing, fundraising) or just muck in.
- ◆ Whether you can give a couple of hours here and there or commit to regular sessions, we need you!!!! Do join us and help Pegasus achieve its development potential.
- ◆ Please check our Facebook page and accept the invite to attend the event. See you on 27th!



Claire Griffiths, Chair Friends Committee.

Join in*